

1 **Histone deacetylase inhibitors suppress mechanical stress-induced expression of**
2 **RUNX-2 and ADAMTS-5 through the inhibition of the MAPK signaling pathway in**
3 **cultured human chondrocytes**

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25 **Abstract**

26 **Objective:** To investigate the inhibitory effects and the regulatory mechanisms of HDAC
27 inhibitors on mechanical stress-induced gene expression of RUNX-2 and ADAMTS-5 in
28 human chondrocytes

29 **Methods:** Human chondrocytes were seeded in stretch chambers at a concentration of 5
30 $\times 10^4$ cells/chamber. Cells were pre-incubated with or without HDAC inhibitors (MS-275
31 or Trichostatin A; TSA) for 12 h, followed by uniaxial cyclic tensile strain (CTS) (0.5 Hz,
32 10% elongation), which was applied for 30 min using the ST-140-10 system (STREX,
33 Osaka, Japan). Total RNA was extracted and the expression of RUNX-2, ADAMTS-5,
34 MMP-3, and MMP-13 at the mRNA and protein levels were examined by real-time PCR
35 and immunocytochemistry, respectively. The activation of diverse mitogen-activated
36 protein kinase (MAPK) pathways with or without HDAC inhibitors during CTS was
37 examined by western blotting.

38 **Results:** HDAC inhibitors (TSA: 10 nM, MS-275: 100 nM) suppressed CTS-induced
39 expression of RUNX-2, ADAMTS-5, and MMP-3 at both the mRNA and protein levels
40 within 1 h. CTS-induced activation of p38, ERK, and JNK MAPKs was downregulated
41 by both HDAC inhibitors.

42 **Conclusion:** The CTS-induced expression of RUNX-2 and ADAMTS-5 was suppressed
43 by HDAC inhibitors via the inhibition of the MAPK pathway activation in human
44 chondrocytes. The results of the current study suggested a novel therapeutic role for
45 HDAC inhibitors against degenerative joint disease such as osteoarthritis.

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50 **Introduction**

51 The main extracellular matrix (ECM) macromolecules of the articular cartilage
52 are type II collagen and aggrecan [1, 2]. The disease progression of osteoarthritis (OA) is
53 a highly complicated process involving multiple events, including aggrecan and type II
54 collagen degradation that is caused by increased cleavage due to the activation of
55 proteolytic enzymes, such as matrix metalloproteinases (MMPs) and a disintegrin and
56 metalloproteinase with thrombospondin motifs (ADAMTSs). MMPs are induced in
57 chondrocytes in response to various stimuli, such as proinflammatory cytokines or
58 mechanical load, and then cleave a variety of ECM components, including proteoglycans,
59 collagens, and procollagens [3]. Currently, ADAMTS-5 is the most efficient in terms of
60 its proteolytic activity, as previous studies have suggested that ADAMTS-5 may play a
61 pivotal role in the OA pathogenesis [4-6]. Loss of type II collagen and aggrecan
62 degradation are two of the earliest events in the course of OA following mechanical injury
63 of collagen fibrils [7].

64 Runt-related transcription factor (RUNX) family members regulate gene
65 expression involved in cellular differentiation and cell cycle progression. RUNX-2 plays
66 a key role in bone mineralization by stimulating osteoblast differentiation [8] and
67 contributes to OA pathogenesis through chondrocyte hypertrophy and matrix breakdown
68 after the initiation of joint instability [9]. Mitogen-activated protein kinase (MAPK)
69 pathways play essential regulatory roles in early osteoblast differentiation in response to
70 mechanical stress via the activation of RUNX-2 [10-13]. Several MAPKs, such as
71 extracellular signal-regulated kinase (ERK), c-Jun N-terminal kinase (JNK), and p38
72 MAPK (p38), have been reported to play a role in osteoblast differentiation [14-16]. We

73 previously reported that mechanical stress-induced expression of RUNX-2 and
74 ADAMTS-5 is regulated by p38 in a SW1353 human chondrosarcoma cell line [17].

75 Recent reports have shown that the epigenetic regulation of gene expression may
76 be a novel therapeutic approach for arthritis [18, 19]. Histone deacetylase (HDAC)
77 inhibitors have emerged as a promising new class of anticancer drugs based on their
78 ability to activate a variety of genes implicated in the regulation of cell survival,
79 proliferation, and apoptosis [20-23]. We previously showed that the modification of
80 histone acetylation by HDAC inhibitors can successfully ameliorate synovial
81 inflammation via the upregulation in synovial fibroblasts of cell cycle regulators in an
82 animal arthritis model [24]. Interestingly, the expression of MMP-3 and MMP-13 were
83 effectively downregulated, leading to the abrogation of cartilage destruction in mouse
84 models [25]. However, whether HDAC inhibitors directly contribute to the prevention of
85 cartilage matrix degradation has not been fully elucidated.

86 In the current study, the effect of HDAC inhibitors on the mechanical stress-
87 induced gene expression of RUNX-2, ADAMTS-5, and MMP-3 was examined in vitro
88 using human chondrocytes. Our findings provide further evidence that HDAC inhibitors
89 may have a role in the suppression of cartilage degeneration through the inhibition of
90 mechanical stress-induced proteolytic enzymes.

91

92 **Materials and methods**

93 *Cells and cell culture*

94 Normal human articular chondrocytes (NHAC-kn cells) obtained from a 45-year-
95 old male were purchased from Lonza (Walkersville, MD, USA). Cells were cultured in
96 15 mL of chondrocyte basal medium (CBM; Lonza) containing supplements and several
97 growth factors [Revitropin - long R3 insulin-like growth factor (R3-IGF-1), basic
98 fibroblast growth factor (bFGF), transferrin, insulin, fetal bovine serum (FBS), and
99 gentamicin/amphotericin-B; CGM™ singleQuots®, Lonza] and were then subcultured at
100 split ratios of 1:3 using trypsin plus ethylenediaminetetraacetic acid (EDTA) every 6–7
101 days. The medium was changed every 3 days. The cells were subcultured for two passages
102 and cells at the third passage were used for experiments within 2 weeks after starting the
103 cell cultures. For all experiments, human chondrocytes were transferred to serum-free α -
104 modified minimum essential medium (MEM α , Wako, Osaka, Japan) for 12 h before
105 exposure to different stimuli.

106 *Cyclic tensile strain on chondrocytes cultured in monolayer*

107 Human chondrocytes were seeded in stretch chambers coated with fibronectin at
108 a concentration of 5×10^4 cells/chamber; each chamber had a culture surface of 2×2 cm.
109 Mechanical stresses were applied using the ST-140-10 mechanical stretch system
110 (STREX, Osaka, Japan). The chamber was attached to the stretching apparatus, which
111 has one fixed side opposite a movable side that can be driven by a computer-controlled
112 motor. By using this apparatus, the entire silicon membrane area and almost all cells on
113 the stretch chambers can be stretched uniformly [26, 27]. After culturing for 48 h, the
114 cells increased to 60% confluence in the chamber. In the current study, a cyclic tensile

115 strain (CTS; 0.5 Hz, 10% elongation) was applied for 30 min according to our previous
116 study [17]. To apply mechanical stress, cells were cultured in stretch chambers, and set
117 on the ST-140-10 system in an incubator (Supplemental Fig. 1). Cells without mechanical
118 stress were seeded on the same chambers, and used as controls.

119 *Treatment with HDAC inhibitors*

120 We used two HDAC inhibitors: trichostatin A (TSA; Sigma-Aldrich, Oakville,
121 Ontario, Canada), a general HDAC inhibitor, and MS-275 (Cayman Chemical, Ann
122 Arbor, MI, USA), a class I HDAC specific inhibitor. All inhibitors were used at various
123 concentrations for 12 h before CTS. TSA and MS-275 were dissolved in dimethyl
124 sulfoxide (DMSO) and then diluted with phosphate buffered saline (PBS) to a working
125 concentration up to 500 μ M.

126 *Cell proliferation assay*

127 Cells were incubated with or without TSA and MS-275 at various concentrations
128 (10, 100, 500 nM) for 12 h before CTS. Cell viability was evaluated at 1 h after CTS,
129 using the colorimetric MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium
130 bromide, a yellow tetrazole) assay (Chemicon, Temecula, CA, USA) according to the
131 manufacturer's instructions. The experiments were repeated 6 times.

132 *RT-PCR and real-time PCR analysis*

133 We examined the effect of CTS and HDAC inhibitors on RUNX-2, MMP-3,
134 MMP-13, and ADAMTS-5 expression in human chondrocytes by reverse transcription
135 polymerase chain reaction (RT-PCR) and real-time PCR. The half-life of the type II

136 collagen α 1 chain (COL2A1) mRNA is reported to be approximately 15 h [28, 29];
137 therefore, we used COL2A1 expression using real-time PCR at 15 h after CTS as a
138 positive control.

139 After stimulation, the cells were washed with PBS, and total RNA was extracted
140 using ISOGEN reagent (Nippon Gene, Toyama, Japan), according to the manufacturer's
141 protocol. The concentration and purity of total RNA were assayed by spectrophotometry.
142 To make complementary DNA (cDNA), 1 μ g of total RNA was reverse transcribed using
143 ReverTra Ace, a Moloney murine leukemia virus reverse transcriptase, with Oligo-dT
144 primers, according to the manufacturer's instructions (TOYOBO, Tokyo, Japan). The
145 cDNA was PCR-amplified using 10 pmol of each specific primer and ExTaq DNA
146 polymerase (TAKARA BIO, Shiga, Japan). The sequences of the oligonucleotide primers
147 are shown in Table 1 (COL2A1, RUNX-2, MMP-3, MMP-13, glyceraldehyde-3-
148 phosphate dehydrogenase (G3PDH) and ADAMTS-5). For all RT-PCR fragments, the
149 reactions were allowed to proceed for 35 cycles (30 cycles for G3PDH) in a T3000
150 thermocycler (Biometra, Göttingen, Germany).

151 Real-time PCR was performed using an Mx3000P QPCR System (Agilent
152 Technologies, Santa Clara, CA, USA) with Brilliant III Ultra-Fast SYBR Green QPCR
153 Master Mix. The PCR mixture was in a total volume of 20 μ L and consisted of 1 \times SYBR
154 Green PCR Master Mix, which included DNA polymerase, SYBR Green dye, dNTPs
155 (including dUTP), PCR buffer, 10 pmol each of the forward and reverse primers, and
156 cDNA of the samples. Amplification of a housekeeping gene, G3PDH, was used for
157 normalizing the efficiency of cDNA synthesis and the amount of RNA. We calculated the
158 final expression levels by dividing the expression level of RUNX-2, MMP-3, MMP-13,

159 and ADAMTS-5 by the expression level of G3PDH. Each value obtained for the control
160 cells (un-stretched cells without HDAC inhibitors) was set to 1.

161 *Immunocytochemistry*

162 Immunocytochemistry was used to observe the mechanical-stress induced
163 expression and localization of RUNX-2 and ADAMTS-5. Cells were loaded for 30 min
164 by CTS (0.5 Hz, 10% elongation) with or without HDAC inhibitors (TSA: 10 nM, MS-
165 275: 100 nM) and then fixed with 1% paraformaldehyde solution. The chambers were
166 incubated with anti-RUNX-2 antibody (10 mg/mL, ab76956, Abcam, Cambridge, UK)
167 and anti-human ADAMTS-5 antibody (10 mg/mL, R&D Systems, Minneapolis, MN,
168 USA) for 120 min at room temperature. Bovine serum albumin-containing solutions
169 without primary antibodies were used as negative controls. We used Alexa Fluor 488-
170 conjugated antibody (10 mg/mL, anti-mouse), Alexa Fluor 568-conjugated phalloidin (2
171 mg/mL, Molecular Probes, Eugene, OR, USA), and Hoechst 33342 (1 mg/mL, ICN
172 Biomedicals, Aurora, OH, USA) as secondary antibodies. Samples were evaluated under
173 a fluorescence microscope (Leica, Wetzlar, Germany), and protein expression was
174 evaluated by the positive cell ratio of RUNX-2 or ADAMTS-5 (number of positive cells
175 / all cells). The cell number counting was done in 4 fields, at $\times 100$ magnification, and
176 averaged.

177 *Western blot analysis and protein kinase inhibitor assay*

178 All cells were incubated in 1 mL of CBM containing 10% FBS on 2×2 cm
179 stretch chambers. After 24 h, the medium was changed to serum-free MEM α , and the
180 cells were incubated overnight. For western blot analysis, cells were stretched by CTS

181 (0.5 Hz, 10% elongation) for 30 min using the ST-140-10 system with or without HDAC
182 inhibitors (TSA: 10 nM, MS-275: 100 nM). Cell lysates (10 µg of total protein/lane, 15
183 µg/lane for RUNX-2 and phospho-RUNX-2) were subjected to sodium dodecyl sulfate-
184 polyacrylamide gel electrophoresis (SDS-PAGE) using a 10% gel and then transferred
185 onto polyvinylidene difluoride membranes (Bio-Rad Laboratories, Hercules, CA, USA).
186 The membranes were incubated with blocking reagent (TOYOBO) and incubated
187 overnight at 4°C with anti-p38, ERK1/2, JNK MAPK, RUNX-2 (Abnova, Taipei,
188 Taiwan), anti-phospho-p38, p44/42, JNK MAPK (Cell Signaling Technology, Beverly,
189 MA, USA), anti-phospho-RUNX-2 (Cell Signaling Technology), histone H3, and acetyl-
190 histone H3 (Lys9) (Cell Signaling Technology) antibodies at a dilution of 1:1000 (1:2000
191 for phospho-p38, histone H3, and acetyl-histone H3) in CanGet Signal Immunoreaction
192 Enhancer Solution (TOYOBO). After washing, the membranes were stained with the
193 appropriate horseradish peroxidase-conjugated anti-mouse secondary antibody (diluted
194 1:10000, R&D Systems) or anti-rabbit secondary antibody (diluted 1:10000, Bethyl
195 Laboratories, Montgomery, TX, USA) at room temperature for 1 h. We detected
196 immunoreactive proteins using the Enhanced Chemiluminescence (ECL) Detection
197 System (GE Healthcare, Buckinghamshire, UK).

198 *Statistical analysis*

199 All data were expressed as the means \pm 95% confidence intervals (CI). All
200 experiments were repeated at least 5 times and similar results were acquired. Differences
201 among groups were analyzed using a one-way analysis of variance (ANOVA) with
202 Bonferroni post-hoc test (SPSS Inc., Chicago, IL, USA). A P-value < 0.05 was considered
203 statistically significant.

204 **Results**

205 *HDAC inhibitors have an effect on the viability of cultured human chondrocytes*

206 Both TSA and MS-275, at concentrations of 500 nM, inhibited chondrocytic
207 proliferation to about 50% (Table. 2). MS-275 concentrations of 10 and 100 nM and TSA
208 concentration of 10 nM did not reduce cell proliferation. The results of western blotting
209 confirmed that histone H3 was acetylated by TSA or MS-275 at 10, 100, 500 nM
210 concentrations without CTS (Supplemental Fig. 2).

211 *HDAC inhibitors upregulate COL2A1 and downregulate CTS-induced RUNX-2,*
212 *ADAMTS-5, and MMP-3 gene expression*

213 The human chondrocytes used in this study continued to express type II collagen,
214 even though they were grown in monolayers. COL2A1 expression in human
215 chondrocytes was decreased by CTS and increased after treatment with 10 nM of TSA
216 and 100 nM of MS-275. These effects were not noted after 100 nM or 500 nM of TSA
217 treatment, and COL2A1 expression was downregulated by 500 nM of MS-275. RUNX-
218 2, ADAMTS-5, MMP-3, and MMP-13 expressions were upregulated by CTS and CTS-
219 induced expression of RUNX-2, ADAMTS-5, and MMP-3 were downregulated by TSA
220 or MS-275 at concentrations of 10, 100, 500 nM (Fig. 1). CTS-induced expression of
221 MMP-13 was downregulated by MS-275 at concentrations of 10, 100, 500 nM. These
222 results lead us to perform subsequent experiments with TSA at 10 nM and MS-275 at 100
223 nM.

224 The results of real-time PCR showed that COL2A1 expression was increased by
225 10 nM of TSA and 100 nM of MS-275, regardless of CTS addition. CTS-induced
226 upregulation of RUNX-2, ADAMTS-5, and MMP-3 were significantly downregulated by

227 the treatment with 10 nM of TSA and 100 nM of MS-275. Treatment of the cells by 10
228 nM of TSA and 100 nM of MS-275 without CTS did not affect the expression of RUNX-
229 2, ADAMTS-5, and MMP-3 (Fig.2A-D). These results were confirmed using human
230 chondrocyte-like cells (SW1353) and NHAC-kn cells from an 18-year-old male, and
231 obtained similar results (data not shown). MMP-13 expression tended to be upregulated
232 by CTS and downregulated by HDAC inhibitors, however, the differences were not
233 significant (Fig. 2E).

234 *HDAC inhibitors suppress CTS-induced increases in RUNX-2 and ADAMTS-5 protein*
235 *expression*

236 RUNX-2 expression was upregulated and localized to the nucleus following CTS
237 without HDAC inhibitors, but was not upregulated by incubation with HDAC inhibitors
238 (Fig. 3A, RUNX-2, green signals). Similarly, ADAMTS-5 expression was upregulated
239 and localized in the cytoplasm after CTS without HDAC inhibitors, but was not
240 upregulated with HDAC inhibitors (Fig. 3A, ADAMTS-5, green signals). The positive
241 cell ratios for RUNX-2 and ADAMTS-5 after CTS without HDAC inhibitors were 70.3
242 $\pm 10.5\%$ and $67.4 \pm 10.6\%$, respectively. The positive cell ratios in the other models were
243 $< 9.1 \pm 7.1\%$.

244 *HDAC inhibitors regulate the activation of RUNX-2 in human chondrocytes*

245 We investigated the change in RUNX-2 phosphorylation with and without HDAC
246 inhibitors by western blotting. RUNX-2 phosphorylation increased after CTS and was
247 significantly suppressed by HDAC inhibitors ($P < 0.001$) (Fig. 4).

248 *HDAC inhibitors regulate the activation of MAPK in human chondrocytes*

249 Mechanical stress can activate stress response signaling pathways, such as MAPK.
250 Thus, we investigated MAPK phosphorylation (p38, JNK, and ERK) with and without
251 HDAC inhibitors after CTS by western blotting. CTS significantly increased the
252 phosphorylation of ERK and p38 at 60 min compared to the non-stretched controls ($P <$
253 0.001) (Fig. 5A, C). HDAC inhibitors significantly inhibited the mechanical stress-
254 induced phosphorylation of ERK and p38 ($P < 0.001$). JNK phosphorylation tended to
255 increase compared to non-stretched controls ($P = 0.158$) and was inhibited by HDAC
256 inhibitors (TSA: $P < 0.001$, MS-275: $P = 0.534$) (Fig. 5B).

257

258 **Discussion**

259 Chondrocytes are responsive to mechanical stress at both the protein and mRNA
260 levels. During normal movement, articular cartilage experiences compression loads of up
261 to 15%, which results in up to a 5% increase in chondrocytic elongation [30]. Although
262 chondrocytes are directly compressed during the loading of normal cartilage, it is very
263 probable that the matrix components of the ECM network, which are connected to the
264 chondrocytes, stretch the cells during compression of cartilage [31].

265 It is clear that the protein catabolic enzymes, such as MMPs and ADAMTSs, play
266 important roles in the degradation of cartilage. MMPs and ADAMTS inhibitors do not
267 have an obvious beneficial effect on OA due to side effects, such as ostealgia, myalgia,
268 and tendovaginitis [32]. Therefore, the upstream regulators of these enzymes are
269 potentially key candidates for the targeted OA therapy. However, the regulatory
270 mechanisms of mechanical stress on these enzymes are largely unknown.

271 The ADAMTS-5 promoter has a RUNX-2 binding site [33], suggesting that
272 ADAMTS-5 is a potential downstream target of RUNX-2. Our report has shown that
273 RUNX-2 is an upstream regulator of the mechanical stress-induced ADAMTS-5,
274 suggesting that RUNX-2 could be a target gene in matrix degradation [17].

275 HDAC inhibitors have been investigated as anti-cancer compounds, largely by
276 virtue of their influence on the cell cycle and apoptosis in transformed cells [34]. Recent
277 reports suggested the efficacy of HDAC inhibitors as a therapy for arthritis. The action of
278 HDAC inhibitors on cytokine-induced chondrocyte gene expression was first
279 demonstrated by Young et al. [35], who reported that the interleukin (IL)-1 α /oncostatin

280 M (OSM)-induced expressions of MMPs and ADAMTSs were suppressed by TSA in
281 human chondrosarcoma cell lines and human chondrocytes. MMP-13 expression was
282 reportedly controlled by MAPK through RUNX-2 activation [17, 36]. Furthermore,
283 several reports showed that nuclear factor (NF)- κ B pathways activated by IL-1 and tumor
284 necrosis factor (TNF)- α regulated MMP-13 expression [37, 38]. In our study, CTS-
285 induced MMP-13 expression was not significantly downregulated by either HDAC
286 inhibitors, nevertheless MAPK and RUNX-2 activation were suppressed. MMP-13
287 expression was not upregulated significantly within 1 h after CTS, which is consistent
288 with our previous result that significant MMP-13 upregulation was seen 12-24 h after
289 CTS [17]. Hence, MMP-13 expression might be influenced by CTS-activated NF- κ B
290 pathways or other cytokines, and our experimental protocol in the current study to
291 examine the early response to CTS might have failed to detect the later changes of MMP-
292 13 and the influence of HDAC inhibitors.

293 In the present study, CTS-induced RUNX-2, ADAMTS-5, and MMP-3 mRNA
294 expression were downregulated by treatment with HDAC inhibitors. In contrast,
295 treatment with HDAC inhibitors led to an upregulation of COL2A1 mRNA expression.
296 Therefore, treatment with HDAC inhibitors can both decrease catabolic effects and
297 increase anabolic effects. Huh et al. [39] reported HDAC-induced COL2A1 suppression
298 in rabbit chondrocytes. Whereas, Furumatsu et al. [40] showed that HDAC enhanced
299 COL2A1 expression in human chondrocytes. This discrepancy may be caused by species
300 difference. We used human chondrocytes and our results were consistent with those of
301 Furumatsu et al., who demonstrated that histones H3/H4 around the COL2A1 enhancer
302 region were highly acetylated by HDAC inhibitor treatments by chromatin
303 immunoprecipitation assays. HDAC inhibitor at concentrations of 500 nM decreased cell

304 proliferation by approximately half (Table 2). Hence, COL2A1 might be upregulated by
305 TSA at a concentration of 10 nM or MS-275 at a concentration of 100 nM, while
306 downregulated at higher concentrations probably by decreasing cell proliferation and
307 viability.

308 The MAPK pathway, involving p38, JNK, and ERK activity, has been shown to
309 be modulated by diverse external stimuli, such as cytokines and physical stresses, which
310 are transduced to the intracellular environment by mechanoreceptors [13, 41]. RUNX-2
311 regulation by mechanical stress is thought to be mediated by specific MAPK pathways
312 [16, 17, 42-44]. In particular, MEK/ERK signaling showed a strong correlation between
313 cell surface integrin activation and subsequent stimulation of RUNX-2-dependent
314 transcription [11-13]. RUNX-2 activity is controlled by phosphorylation; another group
315 demonstrated that RUNX-2 was phosphorylated by ERK1/2 and p38 in response to
316 mechanical stress [16, 17]. We previously reported that p38 was phosphorylated by
317 mechanical stress in a human chondrosarcoma cell line (SW1353) [17]. Here, we
318 demonstrated that ERK1/2, p38, and JNK were phosphorylated by mechanical stress in
319 human chondrocytes. This discrepancy may be explained by cell type differences.

320 Previous studies suggested that HDAC inhibitors regulate the MAPK pathway in
321 several cancer cell lines [45-48]. It was reported that phosphorylation of ERK and JNK
322 was decreased following the treatment of human K562 leukemia cells with butyrate [48].
323 Another report showed that valproic acid (VPA) and TSA blocked ERK and Akt
324 activation in mouse C3H10T1/2 fibroblasts and that TSA also downregulated JNK
325 phosphorylation [47]. In Ras-transformed 10T1/2 cells, Fecteau et al. [49] showed that
326 the HDAC inhibitor FR901228 also suppressed the ERK and p38 pathways. Therefore,

327 HDAC inhibitors can modulate a number of intracellular signaling cascades in response
328 to mechanical stress in human normal chondrocytes. The current study demonstrated that
329 HDAC inhibitors reduced CTS-induced phosphorylation of ERK1/2, p38, and JNK in
330 human chondrocytes. These findings suggested that HDAC inhibitors suppress RUNX-2
331 and ADAMTS-5 expression by downregulating MAPK signaling. Therefore, the current
332 study is the first to demonstrate that HDAC inhibitors decrease mechanical stress-induced
333 MAPK phosphorylation and the resulting catabolic effects; however, the precise
334 mechanism of this decrease remains unknown. Previous reports have suggested that
335 HDAC inhibitors induce apoptosis in several types of tumor cells through cell cycle arrest
336 mediated by the cyclin-dependent kinase (CDK) inhibitor p21^{WAF1/Cip1} [20-22, 50-52].
337 We previously showed that HDAC inhibitors increase the expression of the CDK
338 inhibitors p16 and p21 [24]. Other groups have reported that p21 suppressed p38 activity
339 and reduced the secretion of proinflammatory cytokines in Toll-like receptor-stimulated
340 macrophages [53] and that p21 suppressed JNK activity and the IL-1-triggered activation
341 of IL-6, IL-8, MCP-1, MIP-3 α , MMP-1 and -3 in rheumatoid synovial fibroblasts [54].
342 These results suggested that the activation of CDK inhibitors by HDAC inhibitors may
343 contribute to the suppression of the MAPK pathway.

344 There are several limitations in the current study. First, the stretch system was a
345 simple experimental model for OA in vitro experiments using cells in a monolayer;
346 however, it remains unknown if HDAC inhibitors influence chondrocytes cultured in
347 three dimensions and the efficacy of HDAC inhibitors for articular cartilage protection in
348 vivo. Second, it was not clear which HDAC is the therapeutic target for cartilage
349 degradation. Based on the result that both TSA and MS-275 showed inhibitory effects on
350 the mechanical stress-induced expression of catabolic enzymes, it is reasonable to

351 consider that the therapeutic candidates are included in class I HDACs, such as HDAC 1,
352 2, 3, and 8. Third, further investigations are required to demonstrate the efficacy of HDAC
353 inhibitors using in vivo experiments with an animal OA model of cartilage destruction.

354 In conclusion, the results of the current study demonstrated that HDAC inhibitors
355 may function as potent repressors of the expression of matrix-degrading proteases, such
356 as ADAMTS-5 and MMP-3, induced by mechanical stress via the inhibition of RUNX-2
357 and the activation of MAPK in chondrocytes.

358

359 **Author contributions**

360 Conception and study design: Nishida K,

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362 Data analysis and interpretation: Saito T, Nishida K

363 Statistical analyses: Saito T, Ozawa M

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365 All other authors contributed to writing and revising the manuscript for scientific content

366 and approved the final version before submission.

367

368 **Conflict of interest**

369 The authors declare no conflicts of interest.

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538
539
540
541

Table 1

<i>Gene</i>		Nucleotide sequence	NCBI Gene No.	Annealing T _m
<i>COL2A1</i>	F	AAT TCC TGG AGC CAA AGG AT	NM_001844	55° C
	R	AGG ACC AGT TGC ACC TTG AG		
<i>RUNX-2</i>	F	CTC TAC CAC CCC GCT GTC TT	NM_004348	55° C
	R	CAC CTG CCT GGC TCT TCT TAC		
<i>ADAMTS-5</i>	F	TAT GAC AAG TGC GGA GTA TG	NM_007038	60° C
	R	TTC AGG GCT AAA TAG GCA GT		
<i>MMP-3</i>	F	ATG CCC ACT TTG ATG ATG ATG AAC	NM_002422	60° C
	R	CCA CGC CTG AAG GAA GAG ATG		
<i>MMP-13</i>	F	ACC CTG GAG CAC TCA TGT TTC CTA	NM_002427	60° C
	R	TGG CAT CAA GGG ATA AGG AAG GGT		
<i>G3PDH</i>	F	CAT CAA GAA GGT GGT GAA GCA G	NM_002046	60° C
	R	CGT CAA AGG TGG AGG AGT GG		

Table 2

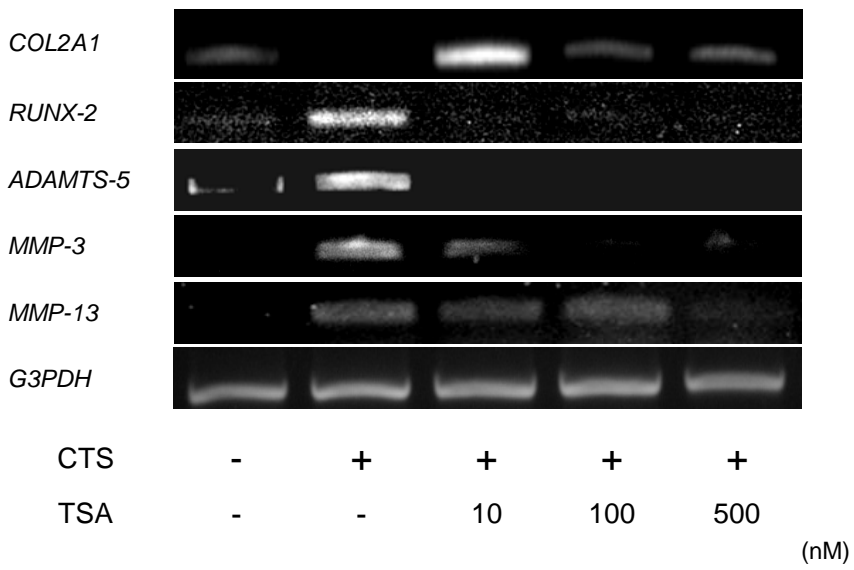
The effects of TSA and MS-275 on the viability of human chondrocytes as determined by the MTT assay

CTS	-	+	+	+	+	+	+	+
TSA	-	-	10	-	100	-	500	-
MS-275	-	-	-	10	-	100	-	500
Mean folds of control	1.00	1.23*	1.11*	1.33*	0.88*	1.37*	0.54*	0.56*
95% CI		1.16	1.03	1.25	0.80	1.29	0.46	0.49
		-	-	-	-	-	-	-
		1.30	1.18	1.40	0.95	1.44	0.61	0.63

The data are presented as the mean with 95% confidence intervals (CI) of 6 times determinations. *P < 0.01, relative to CTS (-) and HDAC inhibitors (-).

Figure 1

A



B

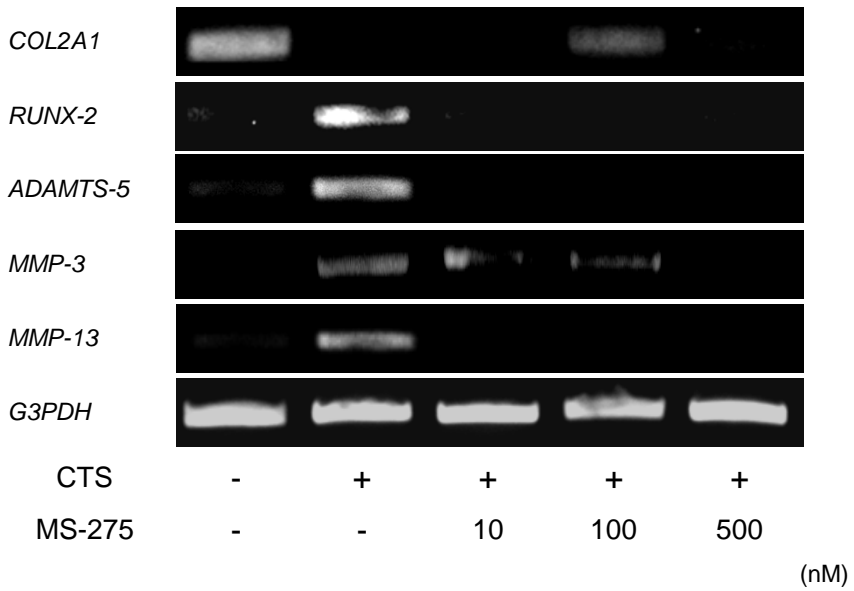


Figure 2

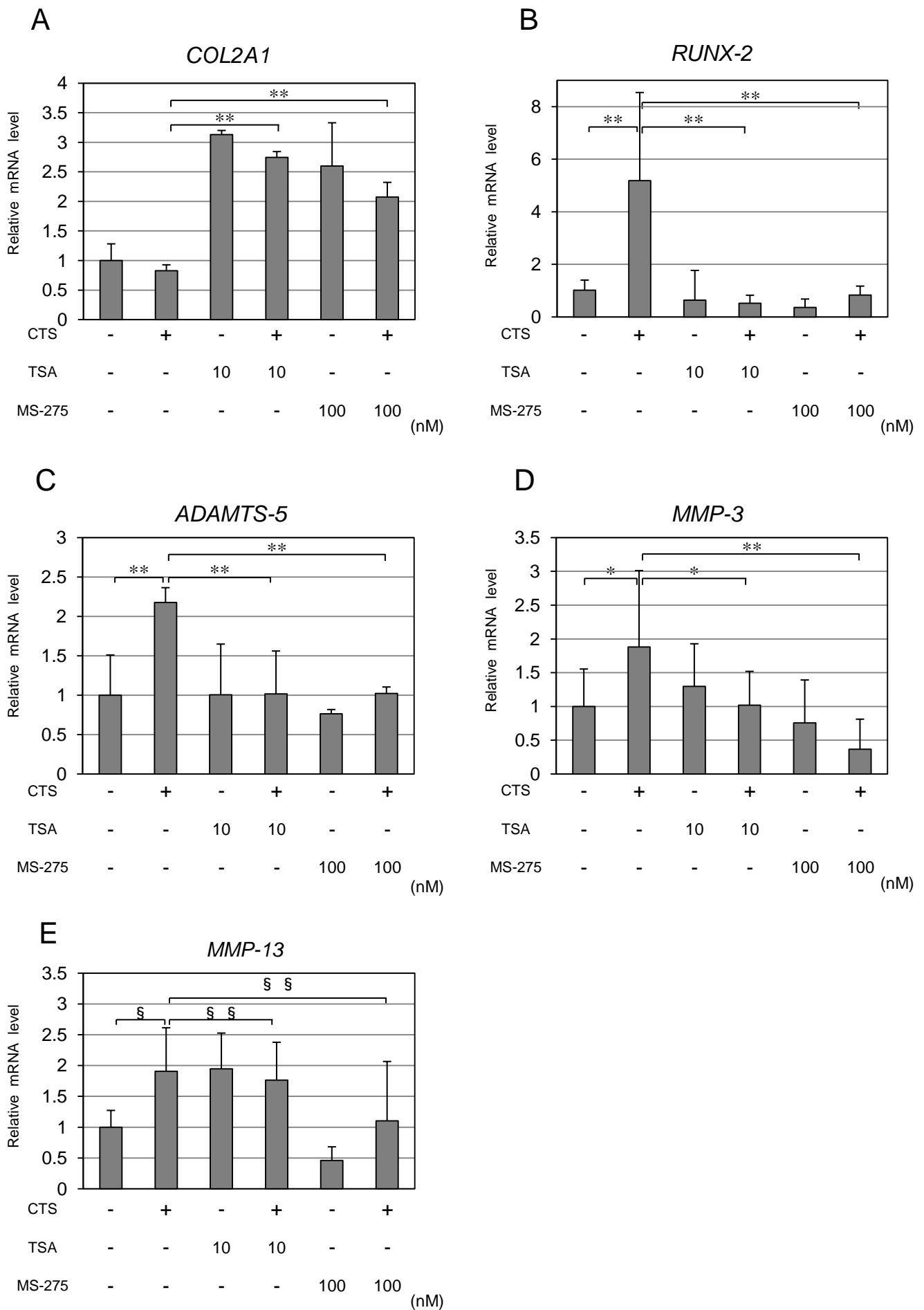


Figure 3

A

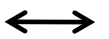
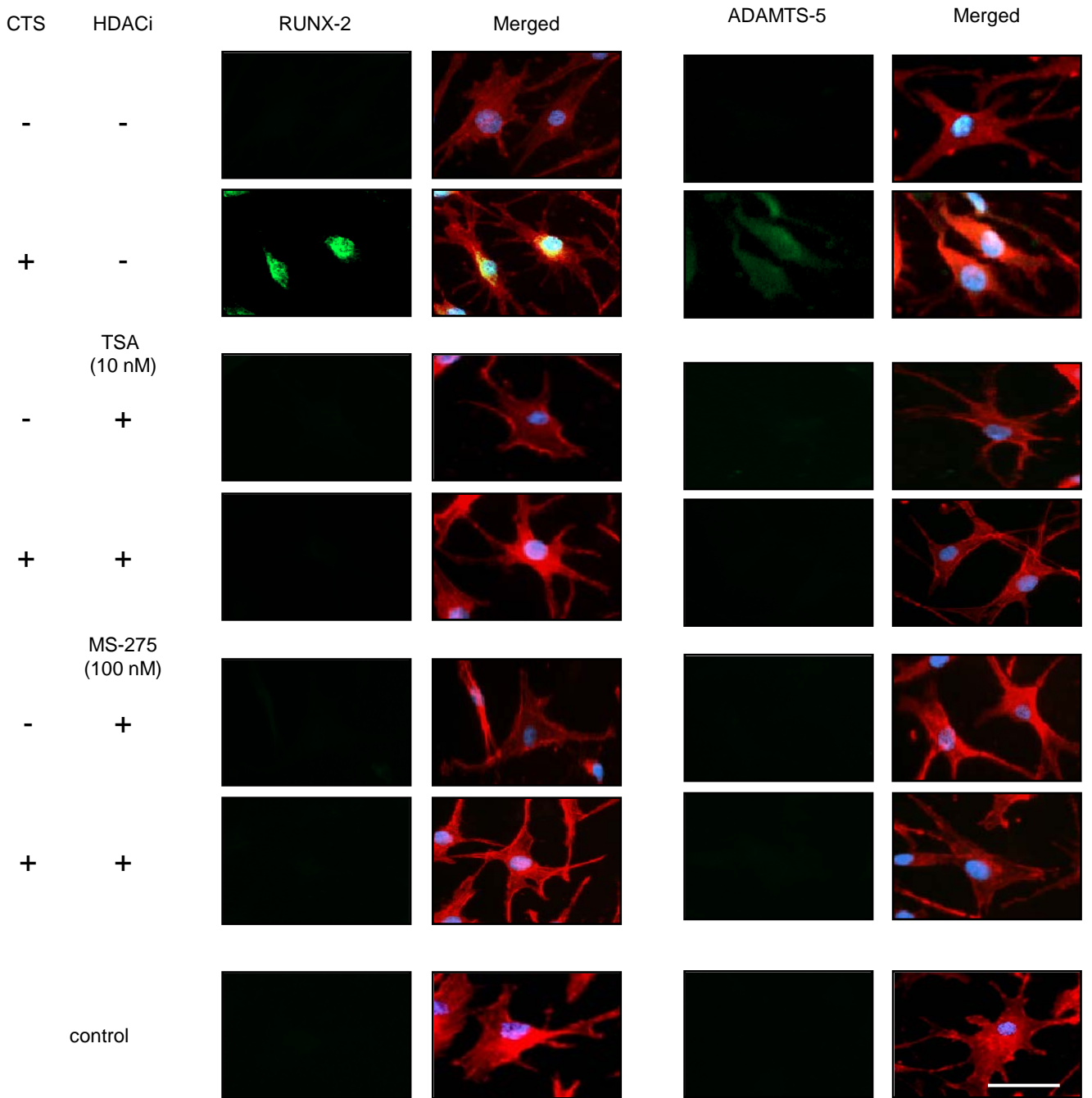


Figure 3

B

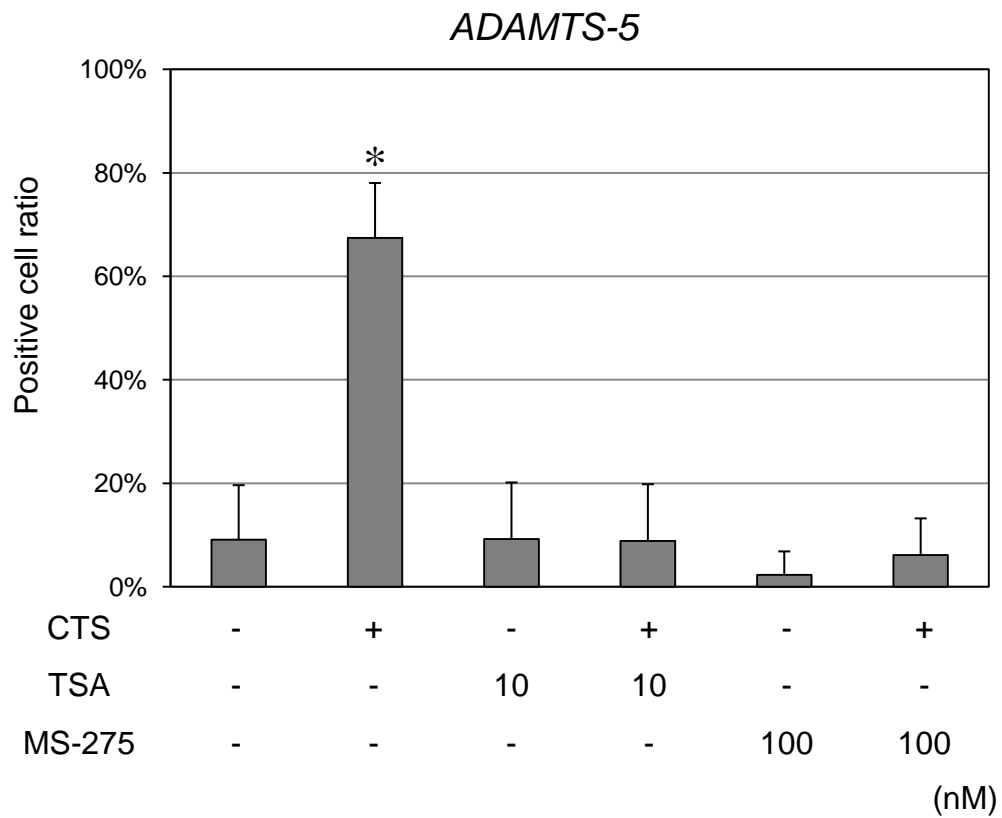
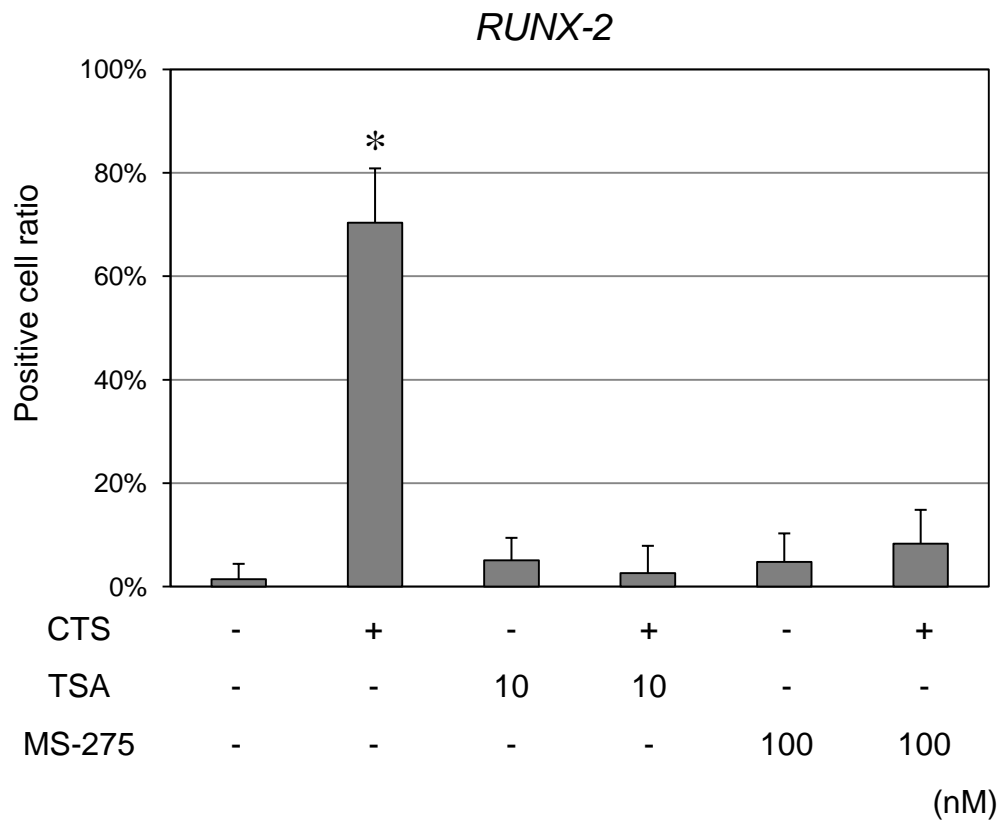


Figure 4

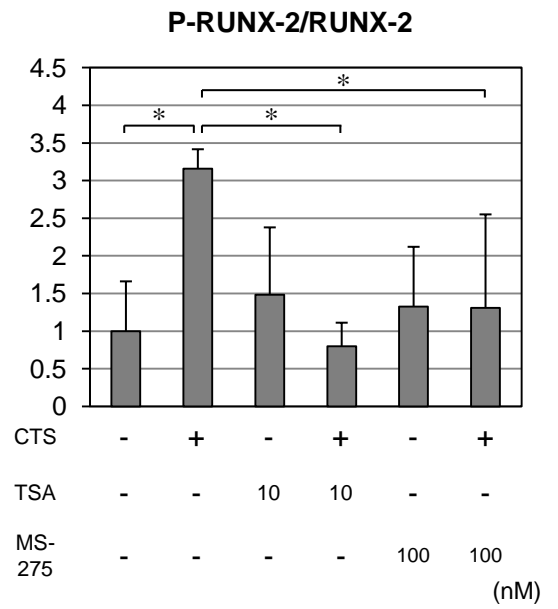
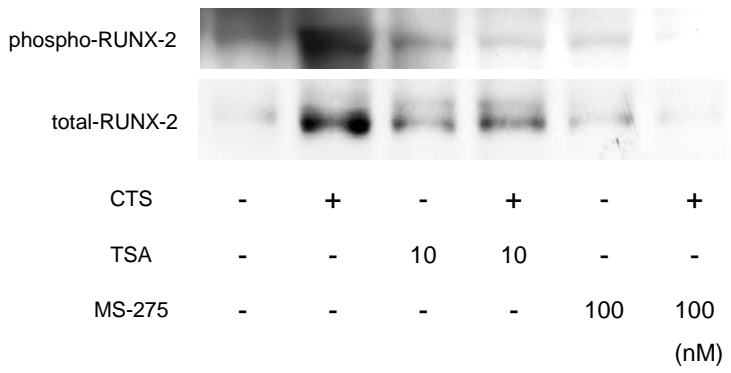
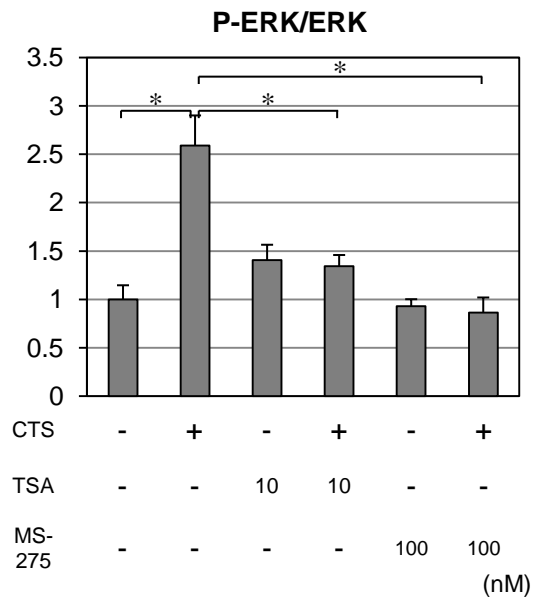
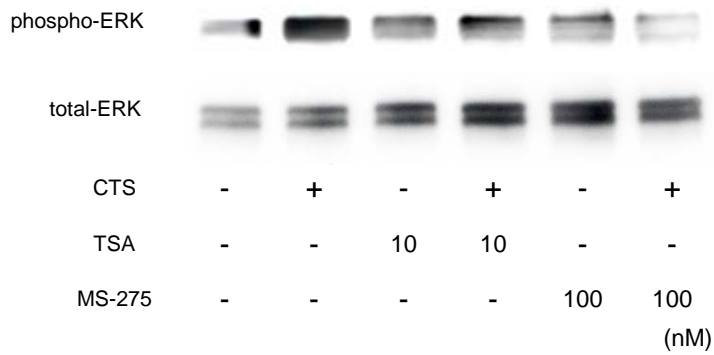
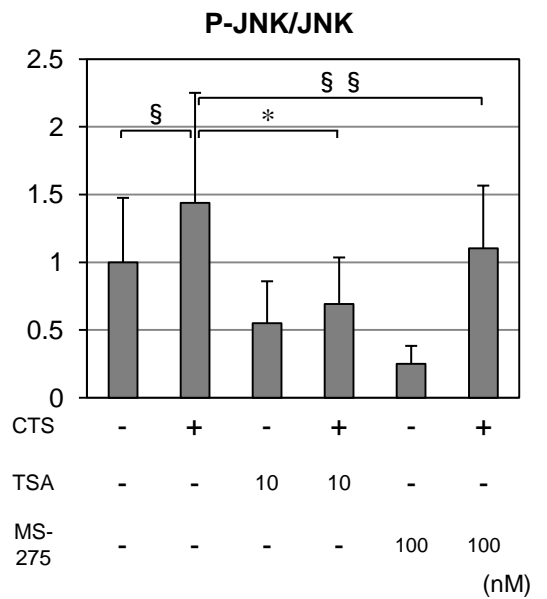
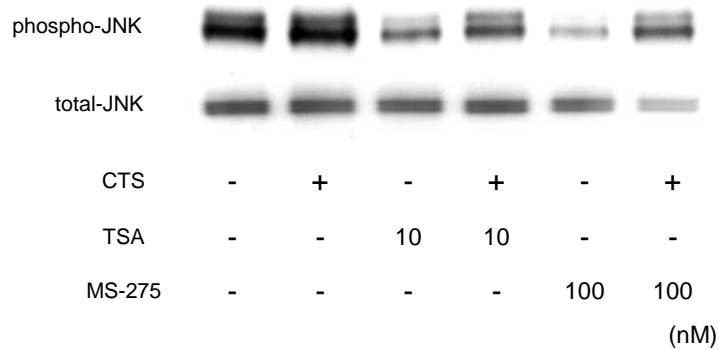


Figure 5

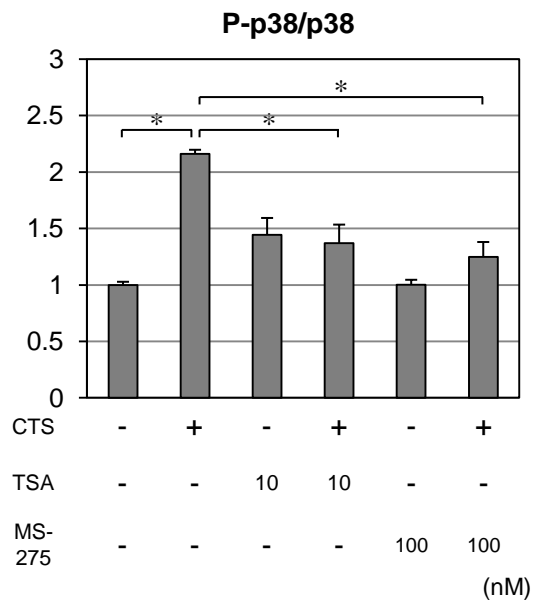
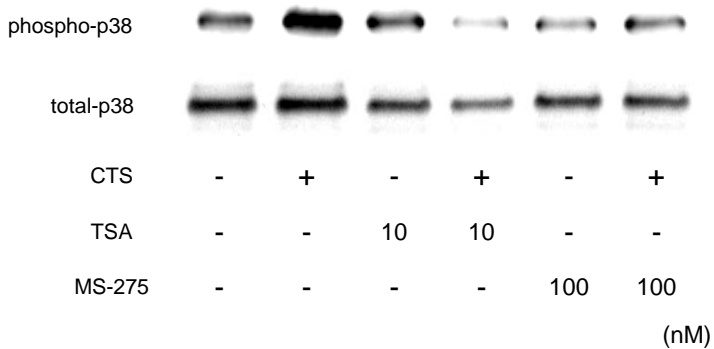
A



B



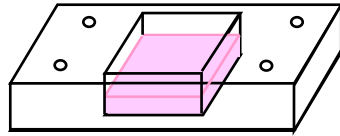
C



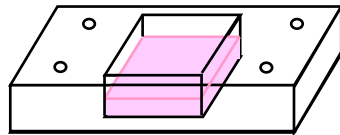
Supplemental Figure 1

HDAC inhibitor

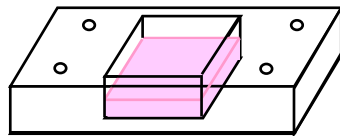
no-mechanical stress models



-

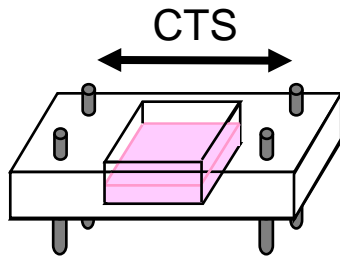


+TSA
(10, 100, 500 nM)

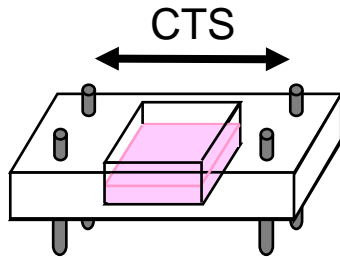


+MS-275
(10, 100, 500 nM)

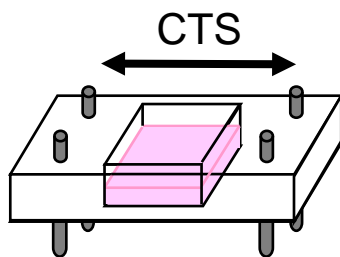
mechanical stress models



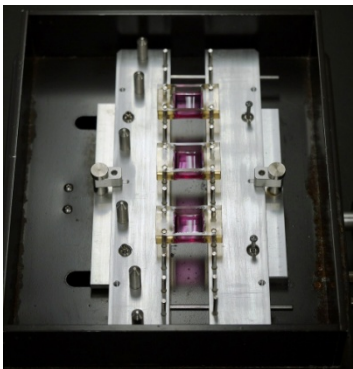
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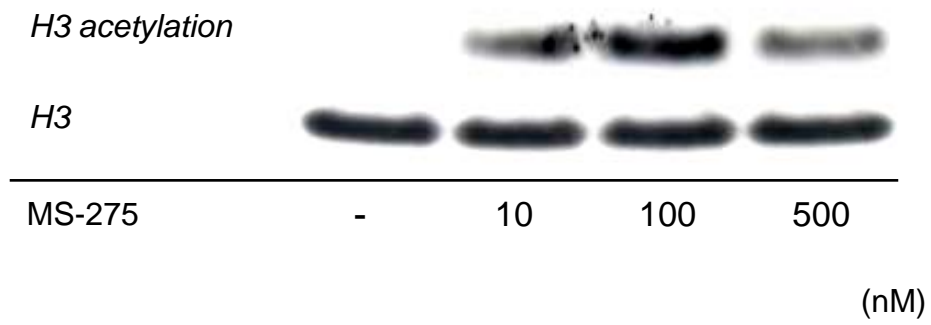
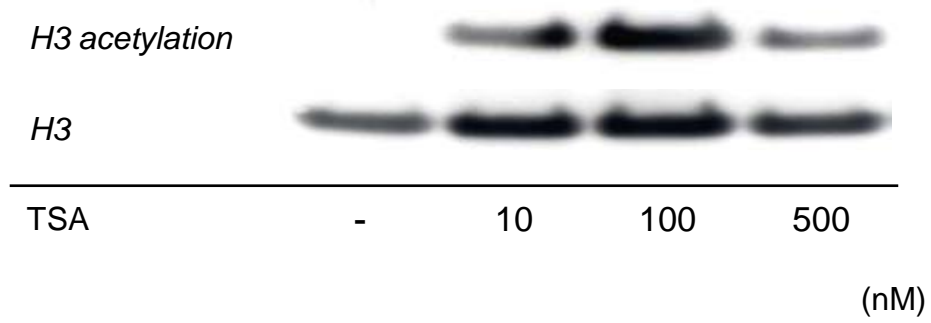
+TSA
(10, 100, 500 nM)



+MS-275
(10, 100, 500 nM)



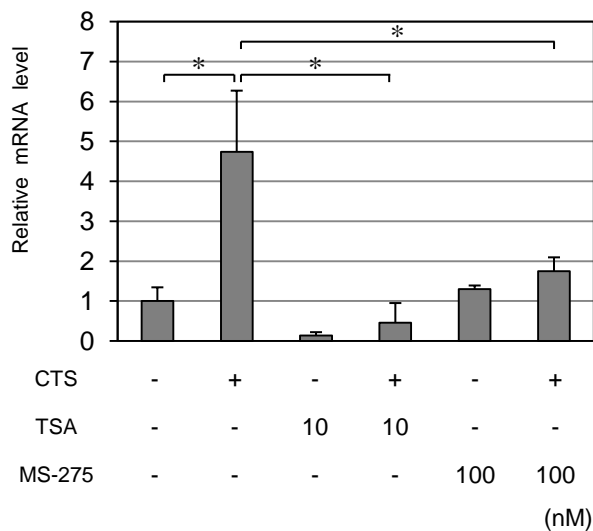
Supplemental Figure 2



Supplemental Figure 3

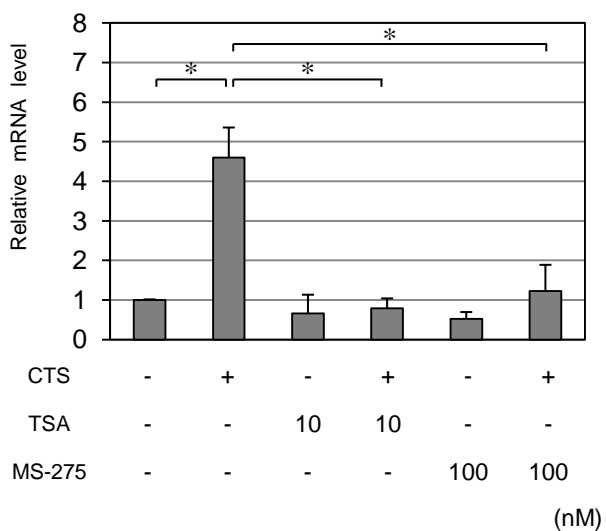
A

RUNX-2



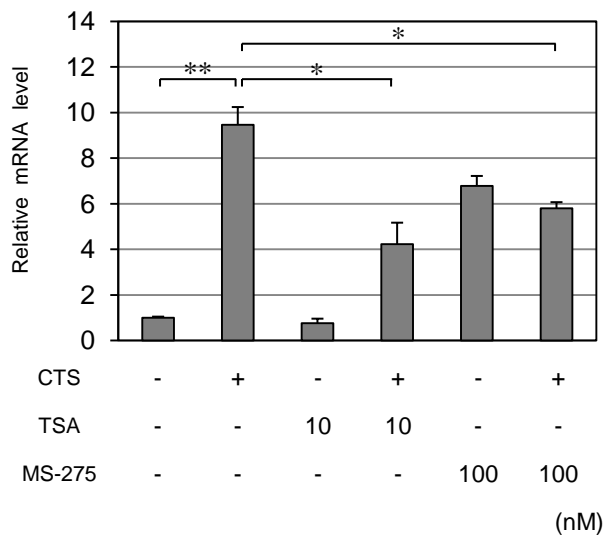
B

ADAMTS-5



C

MMP-3



D

RUNX-2

ADAMTS-5

MMP-3

G3PDH

